

CBT (COGNITIVE BEHAVIOURAL THERAPY) APPLICATION FORM

IMPORTANT NOTES

1. There is a **£95** upfront fee for a maximum of 6 sessions per person including the initial phone call assessment with the Imam. Bank transfer payments will not be accepted.
2. The applicant has to be over 18 years old to book CBT sessions.
3. The Imam will conduct a phone call pre-assessment before booking a CBT session to get a better understanding of the symptoms.
4. Please complete the form accurately and truthfully to ensure the Imam has sufficient information about your condition. This will allow the Imam to offer you the best CBT treatment.
5. For confidentiality purpose the application will be given directly to the Imam.
6. Please take into consideration there might be a waiting list depending on the number of applicants that apply for CBT Session.
7. Failure to respond to the centre's attempts of contacting you regarding your application will result in termination of your application, loss of your application fee and copies of supporting documents after 6 weeks of the date of submission.
8. There is no guarantee the Imam will provide the applicant CBT sessions. In some cases where the Imam is unable to help he may refer the applicant to another institution such as the NHS.
9. LIC reserves the right to decline an application if they feel uncomfortable or something is wrong. A full refund will be issued in such cases.
10. Please hand in the completed form to:

**Admin Office
Lewisham Islamic Centre
363-365 Lewisham High Street
London
SE13 6NZ**

Section A: To be filled in by the applicant: (Please fill in using BLOCK LETTERS)

1. Surname:
Forenames:
2. Address:
Town: County:
Post Code: Country:
Phone: 3. Gender: Male ☐ Female ☐
Date of Birth: ____ / ____ / ____
Email:

4. What are the problems / symptoms you want to work on?

5. Have you been diagnosed by doctor or therapist: Yes ☐ No ☐

6. If Yes, what is your diagnosis:

Checklist: Please TICK as appropriate

☐ I have read and understood the application notes prior to filling the form.

☐ To the best of my knowledge I have filled this form accurately.

By signing this application you agree that Lewisham Islamic centre & the Imam are not liable or accountable for any issues which may arise during and after the CBT sessions. You also understand that Lewisham Islamic Centre is not in any way a medical institute and only provides CBT session to help the local community member who requires CBT. Lewisham Islamic Centre reserves the right to withdraw or refuse any application if it feels necessary.

Data protection: In accordance with the General Data Protection Regulation, data collected will be used exclusively for the purpose of providing CBT sessions. LIC will treat your information with utmost respect and will not share or sell your data

By signing below, you understand that Lewisham Islamic Centre has a legitimate interest to collect and process your personal data in order to meet statutory requirements. Furthermore, you agree that Lewisham Islamic Centre may process your information for the purpose of which it was intended for in accordance with our privacy notice. For further details please refer to our privacy notice on our website, under Documents.

(Applicant) Sign: _____ Date: ____ / ____ / ____

Office use only:

Date form received: ____ / ____ / ____

Date form processed: ____ / ____ / ____

Form received by: _____

Form processed by: _____

☐ Form Rejected ☐ Form Approved ☐ Paid (£95 admin fee)

If approved: Date of approval: ____ / ____ / ____

Office use only:

Imam's & Admin's Notes